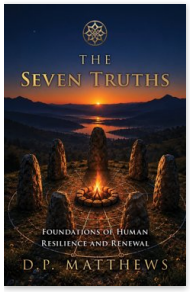
THE SEVEN TRUTHS

by D.P. Matthews · Published by Seven Truths Labs · seventruthsbook.com · seventruthslabs.com

THE CORE BOOK



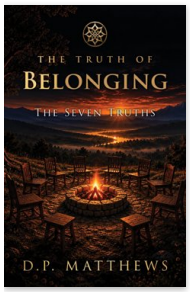
The Seven Truths: Foundations of Human Resilience and Renewal

How do we endure?

Each ancient text at its core is a survival book for mankind. Across thousands of years, civilizations that are separated by geography, language, culture, and beliefs have all wrestled with remarkably similar issues. This is not a conventional self-help formula, a theological doctrine, or a new philosophical system.

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THE DEEP DIVES

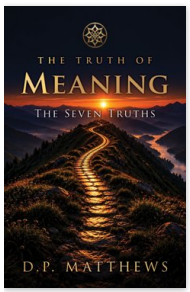


The Truth of Belonging

What does it mean to truly belong?

The Truth of Belonging explores one of the oldest human needs: the need to be held by others and to hold them in return.

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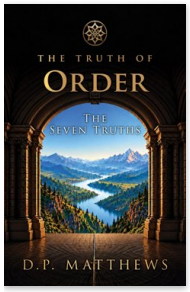


The Truth of Meaning

What makes a life feel meaningful?

The Truth of Meaning begins with a distinction that is easy to overlook: purpose and meaning are not the same thing. Purpose gives direction. Meaning is the sense that the direction matters.

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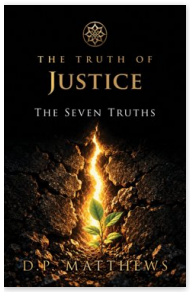


The Truth of Order

What is holding your life together right now?

The Truth of Order explores the structures that allow meaning, responsibility, and care to survive beyond effort alone. This is not a book about control, rigidity, or perfect systems. It is about stewardship.

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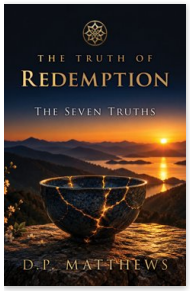


The Truth of Justice

What happens after harm has already occurred?

The Truth of Justice explores how human beings have tried to respond to harm, restrain power, assign responsibility, repair what can be repaired, and live with what cannot be undone.

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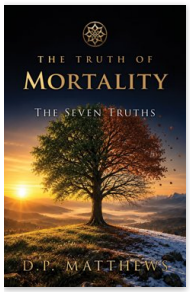


The Truth of Redemption

What do you do when you realize you were the one who caused the harm?

Forgiveness belongs to the person who was harmed. Redemption belongs to the person who caused the harm. It is the possibility of living differently because you finally understand what the past requires of you.

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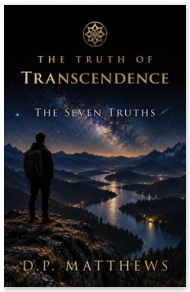


The Truth of Mortality

What changes when you finally understand that time is finite?

This is not a book about death alone. It is about what happens when the finite becomes visible. Time is finite. That is what makes it valuable.

Paperback and Kindle · *Coming soon on Amazon*



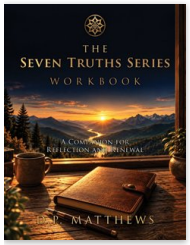
The Truth of Transcendence

Have you ever had a moment that made the world feel briefly larger than it did before?

The Truth of Transcendence draws on the science of awe and on contemplative traditions as varied as Stoicism, Zen, Sufi practice, and the Irish idea of thin places.

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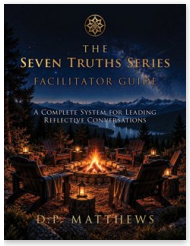
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